



# November 2017 - Menus

**MONDAY**

**TUESDAY**

**WEDNESDAY**


**THURSDAY**

**FRIDAY**

## Grades 9-12 Breakfast

*MENUS ARE SUBJECT TO CHANGE*

		<p>11-1</p> <ul style="list-style-type: none"> <li>★ Hawaiian Cheesy Ham Slider</li> <li>★ Fruit Cup</li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>	<p>11-2</p> <ul style="list-style-type: none"> <li>★ Crunchy Cereal with Yogurt - <b>V</b></li> <li>★ Fruit- <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>	<p>11-3</p> <ul style="list-style-type: none"> <li>★ Café LA Coffee Cake - <b>S, V</b></li> <li>★ Fruit- <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>
<p>11-6</p> <ul style="list-style-type: none"> <li>★ French Toast Trio <b>V</b></li> <li>★ Fruit- <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>	<p>11-7</p> <ul style="list-style-type: none"> <li>★ Egg &amp; Cheese Italiano Pocket- <b>V</b></li> <li>★ Fruit- <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>	<p>11-8</p> <ul style="list-style-type: none"> <li>★ Apple Stuffed Bagel Bar - <b>V</b></li> <li>★ Fruit Cup</li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>	<p>11-9</p> <ul style="list-style-type: none"> <li>★ Morning Beef Sausage Sandwich</li> <li>★ Fruit- <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>	<p>11-10</p> <p><b>Veterans Day Holiday</b></p>
<p>11-13</p> <ul style="list-style-type: none"> <li>★ Café LA Coffee Cake - <b>S, V</b></li> <li>★ Fruit- <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>	<p>11-14</p> <ul style="list-style-type: none"> <li>★ Chicken Biscuit</li> <li>★ Fruit- <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>	<p>11-15</p> <ul style="list-style-type: none"> <li>★ Hawaiian Cheesy Ham Slider</li> <li>★ Fruit Cup</li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>	<p>11-16</p> <ul style="list-style-type: none"> <li>★ Crunchy Cereal with Yogurt - <b>V</b></li> <li>★ Fruit- <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>	<p>11-17</p> <ul style="list-style-type: none"> <li>★ Manager's Choice</li> <li>★ Fruit- <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>
<p>11-20</p> <ul style="list-style-type: none"> <li>★ French Toast Trio <b>V</b></li> <li>★ Fruit- <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>	<p>11-21</p> <ul style="list-style-type: none"> <li>★ Egg &amp; Cheese Italiano Pocket- <b>V</b></li> <li>★ Fruit- <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>	<p>11-22</p> <ul style="list-style-type: none"> <li>★ Manager's Choice</li> <li>★ Fruit Cup</li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>	<p>11-23</p> <p><b>Have a Happy Thanksgiving Day Holiday!</b></p> 	<p>11-24</p>
<p>11-27</p> <ul style="list-style-type: none"> <li>★ Café LA Coffee Cake</li> <li>★ Fruit- <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>	<p>11-28</p> <ul style="list-style-type: none"> <li>★ Chicken Biscuit</li> <li>★ Fruit- <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>	<p>11-29</p> <ul style="list-style-type: none"> <li>★ Hawaiian Cheesy Ham Slider</li> <li>★ Fruit Cup</li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>	<p>11-30</p> <ul style="list-style-type: none"> <li>★ Crunchy Cereal with Yogurt - <b>V</b></li> <li>★ Fruit- <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>	

 All of the Grain/Bread items served are whole grain.  
 Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free  
 ★: For a reimbursable meal, pick at least 3 ★'s. **One** ★ must be a fruit  
**S**: Items with an (S) can be saved for later **V**: Vegetarian items

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